

BLACKCURRANT ICE CREAM ON STICKS



Ingredients for blackcurrant ice cream

300 g blackcurrant

250 g yoghurt

100 g sugar

1 sachet of vanilla sugar

1 lemon zest

100 ml whipped cream

8 short sticks for the ice cream

Preparation of the blackcurrant ice cream on sticks

Whisk the cream then, mix all the ingredients, blend the cream into the mixture.

Pour this preparation into the desired forms and place in the freezer. As soon as the preparation begins to set, incorporate the sticks.

This recipe has been created by the Hostellerie du Vieux Moulin, Bouilland, France and is displayed and kindly shared by the Cassissium.